

Breakfast

A variety of cereals, milk, juice, and fruit will be available each morning from 7:30-9:00 AM.

Mid-Morning Snack (Vacation Days)

At about 10:00 children will be offered a small bag of pretzels or crackers.

Afternoon Snack

When the children arrive from school (or 3-3:30pm on an early release day or vacation day), they may choose a pre-packaged snack. The available choices may include:

Stacy's Pita Chips (Plain, Cinnamon Sugar & Parmesan Garlic)

Tiny Twist Pretzels

Cheddar Goldfish, Pretzel Goldfish

Animal Crackers

NutriGrain Bars (Blueberry, Apple, & Strawberry Yogurt)

Pirates Booty

Smartfood Popcorn

Reduced Fat Cheez-its

Honey Graham Sticks

Goldfish Vanilla Physedibles

Cinnamon Graham "Bug Bites"

Scooby Doo Cinnamon Graham Sticks

Saltine Crackers

Yogurt (Upstate Farm Cherry Vanilla & Strawberry; Dannon NutriDay Vanilla & Strawberry)

J&J Soft Pretzels

Rice Krispies Chewy Apple Cinnamon and Cocoa Krispies Bars

At this time, children may also choose a Fruit/Vegetable, and a Beverage. Fruit/Vegetable choices may include an Apple, Canned Fruit, and Carrot Sticks. Beverage choices include 100% Apple Juice and Water.